

Evolutionary Aikido Seminar – November 16-18, 2018 – Point Reyes Station, CA

PERSONAL RESPONSIBILITY STATEMENT

You understand you will be undertaking a demanding physical activity. There is always a danger of injury or death. You are responsible for your own body. Though we all commit to practicing safely with each other, you alone are responsible for yourself, your body, your mental and emotional safety, and your understanding and application of the teachings. In your training you must take care of yourself. You agree to hold yourself and no one else responsible for your training and safety. You must also commit to do everything in your power to preserve the safety of everyone training.

READ THE FOLLOWING WAIVER AND RELEASE CAREFULLY

I, the undersigned, acknowledge and fully understand that I will be engaging in an inherently dangerous physical activity that may result in serious injury, including permanent disability or death, and severe social and economic losses due not only to my own actions, inactions, or negligence, but also to the actions, inactions, or negligence of others, the rules of the practice, or conditions of the premises or of any equipment used. Further, I acknowledge that there may be other risks not known to me or not reasonably foreseeable at this time. Knowing the risks involved, I assume all such risks and accept personal responsibility for the damages following such injury, permanent disability, or death. I, the undersigned, assume the risk of all injury and hereby release, waive, discharge and covenant not to sue Patrick Cassidy, Daiyu Takeda, any of the seminar coordinators, as well as the owners, lessors, and lessees of premises, all of whom are hereinafter referred to as "Releasees", from any and all claims, demands, losses, or damages on account of injury, including permanent disability and death or damage to property, caused or alleged to be caused in whole or in part by the negligence of the Releasees or otherwise to the fullest extent permitted by law, including attorney's fees and costs. I agree to follow explicitly all instructions given by instructors during the course of my instruction.

I HAVE READ THE ABOVE WARNING, WAIVER, AND RELEASE, UNDERSTAND THAT I GIVE UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND KNOWING THIS, SIGN IT VOLUNTARILY. I AGREE TO PARTICIPATE KNOWING THE RISKS AND CONDITIONS INVOLVED AND DO SO ENTIRELY OF MY OWN FREE WILL. I AFFIRM THAT I AM AT LEAST 18 YEARS OF AGE, OR, IF I AM UNDER 18 YEARS OF AGE, I HAVE OBTAINED THE REQUIRED CONSENT OF MY PARENT/GUARDIAN AS EVIDENCE BY THEIR SIGNATURE ON THIS FORM.

Date: _____ Print: _____ Signature: _____